

## COMPANIONS ON A JOURNEY GRIEF SUPPORT

2009 / 2010 Group Meetings

All groups meet from 7:00 to 9:00 p.m. at the specified location. If you would like to attend one of Companions on Journey group meetings, please contact one of the Bereavement Specialists so that we will know to expect you.

### **Bereavement Specialists:**

Sheila Munafo-Kanoza: 870-9108, cell 382-5085

Linda Sullivan: 755-9433, cell 515-3944

Tom Kanoza: 870-9108, cell 324-0513

*The following support groups will be held at Indiana Wesleyan University  
9286 Schulze Drive, West Chester, OH 45069*

### **Child Loss Group 1<sup>st</sup> & 3<sup>rd</sup> Wednesday of the Month, 7 – 9 p.m.**

*This group is designed for any parent who has suffered the death of a child, no matter what age your child may have been at the time of death.*

#### **Meeting Dates:**

September 2, 2009	November 18, 2009	February 3, 2010	April 21, 2010
September 16, 2009	December 2, 2009	February 17, 2010	May 5, 2010
October 7, 2009	December 16, 2009	March 3, 2010	May 19, 2010
October 21, 2009	January 6, 2010	March 17, 2010	June 2, 2010
November 4, 2009	January 20, 2010	April 7, 2010	June 16, 2010

### **L.A. Living Again Widowed Group 2<sup>nd</sup> & 4<sup>th</sup> Wednesday of the Month, 7:00 – 9:00pm**

*Designed to help those widowed persons who are further along in their healing process, typically 1.5 years and beyond.*

#### **Meeting Dates:**

September 9, 2009	November 11, 2009	February 10, 2010	April 14, 2010
September 23, 2009	December 9, 2009	February 24, 2010	April 28, 2010
October 14, 2009	January 13, 2010	March 10, 2010	May 12 & May 26, 2010
October 28, 2009	January 27, 2010	March 24, 2010	June 9 & June 23, 2010

*The following support group meets at Huff Realty  
6192 Mulhauser Road, West Chester, OH 45069*

### **New Beginnings Widowed Group 2<sup>nd</sup> & 4<sup>th</sup> Wednesday of the Month, 7:00 – 9:00 pm**

*Designed to help widowed persons with the initial Stages of grief, typically this will be the first year and half depending on each person's grief recovery.*

#### **Meeting Dates:**

September 9, 2009	November 11, 2009	February 10, 2010	April 14, 2010
September 23, 2009	December 9, 2009	February 24, 2010	April 28, 2010
October 14, 2009	January 13, 2010	March 10, 2010	May 12 & May 26, 2010
October 28, 2009	January 27, 2010	March 24, 2010	June 9 & June 23, 2010

*The following support groups meet at:  
St. Maximilian Kolbe Parish  
5720 Hamilton Mason Rd.  
Liberty Township, Ohio 45011*

**Young Widowed Group 2<sup>nd</sup> & 4<sup>th</sup> Wednesday of the Month, 7:00 – 9:00 pm**

*Designed for younger widowed persons who range in age from their twenties to early 50's.*

**Meeting Dates:**

September 9, 2009	November 11, 2009	February 10, 2010	April 14, 2010
September 23, 2009	December 9, 2009	February 24, 2010	April 28, 2010
October 14, 2009	January 13, 2010	March 10, 2010	May 12 & May 26, 2010
October 28, 2009	January 27, 2010	March 24, 2010	June 9 & June 23, 2010

**Survivors After Suicide Group 1<sup>st</sup> Tuesday of the Month, 7pm to 9pm**

*This group is designed for any adult who has had a loved one die by suicide. This group will not meet on September 1<sup>st</sup> and please call of the new September date. Our fall session will begin October 6,2009*

**Meeting Dates:**

September 3, 2009	December 1, 2009	February 16, 2010	April 20, 2010
October 6, 2009	December 15, 2009	March 2, 2010	May 4, 2010
November 3, 2009	January 5, 2010	March 2, 2010	May 18, 2010
November 17, 2009	January 19, 2010	March 16, 2010	June 1, 2010
	February 2, 2010	April 6, 2010	June 15, 2010

**Open Grief Group: Parent/Sibling/Friend 2<sup>nd</sup> & 4<sup>th</sup> Tuesday of the Month, 7:00 – 9:00 p.m.**

*Open grief group is designed to help anyone who has suffered the death of a parent, sibling or friend.*

**Meeting Dates:**

September 8, 2009	November 10, 2009	January 12, 2010	March 9 & March 23, 2010
September 22, 2009	November 24, 2009	January 26, 2010	April 13 & April 27, 2010
October 13, 2009	December 8, 2009	February 9, 2010	May 11 & May 25, 2010
October 27, 2009	December 22, 2009	February 23, 2010	June 8 & June 22, 2010

**Perinatal/Neonatal Loss Group 1<sup>st</sup> Monday of the Month, 7:00 – 9:00 pm**

*Designed to help those parents who have suffered the death of a child either through miscarriage to birth or the first year of life.*

**Meeting Dates:**

October 5, 2009	December 7, 2009	February 1, 2010-	April 5, 2010
November 2, 2009	January 4, 2010	March 1, 2010	May 3, 2010
			June 7, 2010

**Young Adult Group - Please Call for Time & Location**

*Designed for Young Adults ages 19-29 years of age who have suffered the death of a loved one or friend.*